

SILVERTHORNE RECREATION CENTER ACTIVITY / PROGRAM WAIVER

Activity/Program Name Silverthorne Storm Gymnastics Team

I recognize that activities and services I take advantage of at Town facilities may result in injury, death or damage to myself, my property, or to others, including but not limited to injuries caused by negligence and / or the action of third parties. In consideration of the Town permitting me to use the facilities, I, for myself, my heirs, executors and assigns (and / or if applicable, my parent or guardian) waive, indemnify and release the Town, its officers, employees, and agents from all claims, damages, loss or liabilities of any kind arising out of or relating to injuries or accidents sustained by me or my property at the facilities. I understand I am waiving any right to bring or have brought on my behalf any such claims or lawsuits against the Town by signing this release and using the facilities.

 Initial for approval of waiver

1st AID/OINTMENT RELEASE FORM

The following ointments are included in our medical kit and are used to promote faster healing of bumps, rips and strains.

Please initial beside each ointment that you approve of us applying on your child.

 POLYSPORIN: An antibiotic ointment used on rips to promote faster healing. (Although Neosporin also works, we use Polysporin because there is a smaller chance of allergic reaction)

 TRAUMA OIL: A mixture of herbal extracts (Olive Oil, Calendula flower, Arnica flower, and St. Johns Wort flower tops) in an oil form used for sore muscles, ligaments and tendons. Gymnasts would rub this onto their sprains and strains.

 ICY HOT: Used for loosening up stiff and sore muscles at the beginning of practice.

PHOTO RELEASE

The Town of Silverthorne may videotape or photograph participants enrolled in programs/classes which may be used in future publications, marketing promotions, brochures, or flyers.

 Initial for approval of photo release